

*The story of this painting is about indigenous women  
and their birthing journey with midwives,  
the red represents our blood,  
the blue represents the water,  
and the white represents smoke.*

*That is a traditional practice that indigenous women do,  
the water cleanses our baby's bodies, and the blood is the  
connection to our babies.*

*The two waterholes represent woman's spiritual  
waterholes were they give birth, the woman moves her  
hips in a dancing movement to make it easier for the safe  
arrival of her baby.*

*The four spiritual women are watching over our women,  
the middle part is the woman's birthing ceremony and  
together with the midwives and other women they can  
help each other. The symbols that go around in the circle  
represent women.*

*The hands on the background reflect that we need  
many hands to rise above as women though birthing.*

*This is a spiritual birthing journey we are taking together  
with the help of midwives from the  
beginning of the pregnancy right though  
till the babies born and onwards, and to make  
that friendship together on this journey.*